Self-Reflection on __________________________ (date)

Name: ________________________________  Hour: ______

1. Describe one recent mathematical technique (skill) you feel you’ve become very good at using in the past two weeks. You may want to provide an example to show exactly what you mean.

   Do you think you’ve achieved mastery of this skill?   YES   NO   (Circle your answer.)

2. List one recent mathematical concept (idea) or technique you still find difficult.
   a) What is it about this concept or technique that you need to practice, have explained, or be given more examples in order to understand it? (Again, an example might help clarify your description.)

   b) What action will you take in the next three days to improve your understanding of this idea? Be specific and honest – if you don’t plan to try to understand the above idea, say so.

3. What are you trying to achieve in this class? (Your answer doesn’t have to be a grade.)

4. What about your class notes are helpful or could be improved?

5. How many hours did you spend on math outside of class (reading, reviewing notes, doing practice problems, doing homework) in the last week?

6. Explain how your answers to questions 4, 5, and 2b are consistent with your answer to #3. In other words, explain why your current behaviors are likely to help you achieve your goal. (If they aren’t, say what you’ll change.)