• **Do I pay attention to visual details?**
  o Do I write carefully – are my 2’s and z’s visibly different, do I write exponents high enough above other symbols, do I remember all negative signs and parentheses when rewriting a problem?
  o Do I follow all the instructions I’m given, or do I tend to skip parts of the instructions?
  o Do I notice spelling and punctuation errors in my own and someone else’s writing?
  o Do I notice slight variations in shapes and colors around me?

• **Do I recognize patterns?**
  o [Numeric] Patterns in the types of numbers I get from certain calculations, such as multiplying or using exponents
  o [Visual] Patterns in the symbols, shapes, or graphs shown on the board or in the textbook
  o [Procedural] Patterns in the steps needed to do certain calculations or techniques, or in the instructions for certain tasks
  o [Logical] Patterns in the way a person can think through unfamiliar problems, or ways of explaining why things are true

• **Am I taking responsibility for my thinking and learning, and at what level?**
  o Do I experiment on my own with new techniques and ideas in order to find out how they work, or do I usually wait for someone to show me examples of how to do something new?
  o Do I spend most of my time thinking about what new words and ideas mean, or do I focus on mimicking what the book or teacher has done?
  o Do I spend most of my time memorizing examples and the meaning of words in the book, or do I examine why techniques work and how ideas relate to each other?